





Sun	Mon	Tues	Wed	Thurs	Fri	Sat
8.	9. Group 1: Swimming, Cooking & Gardening (9am – 3pm) Group 2: Moe Neighborhood House & Messy Arts (9am – 3pm) Group 3: Active Adults & Snack Attack (9am – 3pm)	10. Group 1: Ponies & Mini Golf (9am – 3pm) Group 2: Dance/Fitness & Swimming (9am – 3pm) Group 3: Old Gipps town Volunteering & Op Shopping (9am – 3pm) Group 4: DLDS Chefs & Gardening (9am – 3pm)	11. Group 1: PPP & Social Lunch (9am – 3pm) Group 2: Men's Group – Fire Station Tour & Pub lunch (9am – 3pm) Group 3: Creative Crafts & Social Lunch (9am – 3pm) D&D at DLDS (5pm – 8pm)	RUOK? DAY 12. Group 2: Computers & Cat Cafe (9am – 3pm) Group 3: Wildlife Volunteering & Op Shopping (9am – 3pm) Group 4: D&D at Traralgon Library (12pm – 3pm) Teen Life After School Program (3pm – 5.30pm) Twilight Dinner – Royal Exchange Traralgon (5pm – 8pm) 	13. Group 1: Fabulous Friday's – Kemizo Adventure Fun (9am – 3pm) Group 2: Adventure Friday's - TBC (9am – 5pm) Group 3: Travel Training (9am – 3pm)	14.
15. Allstars: Michael Jackson Concert 4.30pm-11.30pm 	16. Group 1: Gym, Cooking & Gardening (9am – 3pm) Group 2: Moe Neighborhood House & Messy Arts (9am – 3pm) Group 3: Active Adults & Snack Attack (9am – 3pm)	17. Group 1: Ponies & Cat Cafe (9am – 3pm) Group 2: Dance/Fitness & Swimming (9am – 3pm) Group 3: Old Gipps town Volunteering & Op Shopping (9am – 3pm) Group 4: DLDS Chefs & Gardening (9am – 3pm)	18. Group 1: PPP & Social Lunch (9am – 3pm) Group 2: Men's Group – Trafalgar Car Museum & Pub Lunch (9am – 3pm) Group 3: Creative Crafts & Social Lunch (9am – 3pm) D&D at DLDS (5pm – 8pm)	19. Group 2: Computers & Bowling (9am – 3pm) Group 3: Wildlife Volunteering & Op Shopping (9am – 3pm) D&D at Traralgon Library (12pm – 3pm) Teen Life After School Program (3pm – 5.30pm) Twilight Dinner – Morwell Hotel (Top Pub) (5pm – 8pm) 	20. Group 1, 2, 3: Fabulous Friday's – Superhero & Villians Day at DLDS (9am – 3pm) TEEN LIFE Allstars: Mt Baw Baw Trip 	21. Teen Life: Jurassic World Exhibition 9am-5pm



Daily

Living Disability Services

September

/ 2024

What's news?

Spring Holiday Program is out; will you be coming to join us?

DLDS Central Grand Opening on October 25th!

We are bringing back Meals on Wheels. Stay tuned for more updates!

Exciting news: we are launching a special 2-for-1 game promotion for our bowling groups. Watch this space.

Term 4 Selections are soon to be released, keep your eyes peeled.

For further information, please contact us on 5174 0401 or admin@dailyliving.net.au